

About Us:

Marcia Camino

Yoga instructor for adults and children, writer, event coordinator

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Dianna Banzhaf

Hatha Yoga instructor, raw foods chef and educator, coach

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From parties to personal coaching,
Yoga2U is your source
for yoga co-creation.

www.pinklotusyoga.com/yoga2u.aspx

YOGA2U
14802 Armin Avenue
Lakewood, OH 44107
www.pinklotusyoga.com/yoga2u.aspx

Yoga2U

Studio-Free Yoga

CLASSES, EVENTS, AND WORKSHOPS
IN UNEXPECTED SPACES

Marcia Camino E-R.Y.T.

Dianna Banzhaf C.Y.T.

A Pink Lotus Yoga Program



www.pinklotusyoga.com

Serving the Greater Cleveland area

Yoga2U

What is it?

***Yoga2U** affiliates Marcia Camino and Dianna Banzhaf offer yoga on *your* turf, in *your* time. We are yoga-ready, travel-happy.

*With ten years of combined teaching the many facets of yoga and with success in event planning, public talks, marketing, and nutrition education and coaching, **Yoga2U** brings yoga, or yoga as part of a bigger event, to your door.

*As an alternative to yoga classes in yoga studios, we explore boundaries by blending yoga, space, and conscious event co-creation, bringing yoga to the atypical location.

How does it work?

*Contact us for a free consultation. Your home, community center, work place, school, church, park, gallery, and social club are great places to bring yoga.

***Yoga2U** provides the yoga and as much event planning as you wish.

*Events can be small, large, one-time, or ongoing. Rates are flat-fee and based on scope of event.

What we offer

Workplace yoga
Yoga parties and events for all ages
Yoga fundraisers
Wedding day yoga
Children's yoga
Family yoga
Yoga for mothers / Mommy-me yoga
Outdoor yoga
Special-themed yoga days, workshops
Relaxation and de-stress yoga
Private and semi-private lessons
Coaching and consulting
Yoga talks and presentations...
...and more.

Create your yoga with Yoga2U.

for more about us and our program:

www.PinkLotusYoga.com/Yoga2U.aspx

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What our clients say

"Marcia is a wonderful speaker and advocate of yoga. Our club enjoyed her talk and slideshow about the history of yoga and also the yoga shared with us at our ladies' luncheon last year." --C.C.

"Through yoga, Dianna has improved my fitness routine. I am stronger, more confident, and balanced. At 63 years young, I have attained a new level of strength and energy." --M.P.

"Marcia's private wedding day yoga session was the perfect start to my very important day. She helped me focus my nervous energy and find the confidence I needed to walk down the aisle looking graceful and relaxed. Plus, the foot poses we worked on helped me stay on the dance floor all night long!" --S.F.

"Dianna was my coach for a two-week cleanse. After several information-gathering consultations, she created a plan for me that included special tea blends, a food outline, recipes, a yoga regime, and daily meditations and affirmations. She was always available to talk. Dianna helped me learn a new way to look at food and self-care." --P.M.