



Pink Lotus Yoga

18103 Detroit Avenue; Lakewood, OH 44107 PinkLotusYoga.com 216-632-0816

WAIVER, INDEMNIFICATION AND RELEASE: I represent and warrant that I am in good physical health and do not suffer from any medical condition which would limit my participation in activities/programs offered by Pink Lotus Yoga, including, but not limited to yoga programs and the Professional Yoga and Teacher Training Program. I understand, acknowledge, and agree that it is my responsibility to consult with a physician prior to and regarding my participation in any and/or all of the activities/programs offered by Pink Lotus Yoga, including, but not limited to yoga classes, workshops, series, events, meetings, and trainings. I understand, acknowledge, and assume the risks associated with the activities/programs offered by Pink Lotus Yoga, including, but not limited to, the possibility of personal or property injury due to equipment malfunction or failure, misunderstanding of instructions, and/or error or omission on the part of the instructor(s) or other Trainees.

In consideration of my participation in one or more activities/programs offered by Pink Lotus Yoga I do hereby WAIVE AND RELEASE Pink Lotus Yoga, and all other persons and organizations associated with Pink Lotus Yoga as well as their owners, directors, officers, associates, employees, representatives, trainees, trainers, instructors, affiliates, agents, and members (together the "Released Parties") from any and all liability and from any claim, demand, cause of action of any kind resulting from or related to my participation in said activities/programs.

Further, I hereby agree to INDEMNIFY AND HOLD HARMLESS the Released Parties with regard to any and all claims, liabilities, and expenses (including attorneys' fees) related in any way to my participation in said activities/programs.

Printed Name _____

Signature _____

Date _____